Setting Up Your Space

People tend to learn and work better under some specific circumstances. Routine and structure help students learn and manage their time and lives more effectively. To help you prepare for both online and 'live' learning for classes follow these tips.

Be consistent. The more you are able to use the same place, time and set-up the better off you will be. Every time you have to decide when, where and how to study or work the more energy and time you waste.

As you will spend a lot of time in this space, make it your own. Add plants, décor, table space, etc. that suits you.

Reduce or remove distractions. Find a place that is as peaceful, quiet and as distraction-free as possible. Close extra browsers. Turn off your phone. Avoid surfing the web or social media. Turn on page blockers if necessary.

Consider posting a sign to let others know you're busy working.

Keep your space stocked with what you need: chargers, books, pens, water, snacks, etc. so you don't have to get up frequently to find what you need.

Make it a 'STUDY' space. Use the space for study and class only to the degree possible. This trains your mind to know that when in that space, it is time to work and study.

Comfort and ergonomics. Try to make the space comfortable. Sit up in a chair at a desk, table; don't work in bed. Again, this communicates to your mind that it is 'study time' not sleep, rest or Instagram time.

Dress and preparation. Coming to your space in 'work clothes' again signals your mind that you are there to work. Shower, eat, dress and perform basic hygiene and grooming to begin the day, before you go to your 'study space.'

For More Tips:
https://www.purdueglobal.edu/create-perfect-study-environment-online
https://www.usnews.com/education/online-education
https://www.wikihow.com/Be-a-Successful-Online-Student